

Take a Break

Would you like a short break?



Take a Break is a service for families with a child with learning disabilities

- Breaks can be taken during the day or in the evenings or at weekends and can be from a couple of hours to a whole day
- Short breaks can happen in the family home, or we can give you an extra pair of hands for a family outing, or we can take your son or daughter out on a trip without you
- Families with a child aged 0 –19 with Autistic Spectrum conditions, those with impairments such as learning disabilities or behaviours that challenge, or those that have complex health needs are eligible

For more details contact **Billie-Jean Lockhart**

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